

## 12 SPIRITUAL WAYS TO RECOVERY

1. We admitted that we could not control our addiction and our lives became unmanageable (Romans 7:15-25)
2. Learned to believe that God can and will restore us to a right relationship with Him through Jesus Christ. (Matthews 11:28-30, Romans 3:22-23, Romans 5:9-10)
3. Made a quality decision to let God have complete control over our will and lives through His Word. (Joshua 24:15, Psalms 119:4, Proverbs 3:5-6, Matthews 6:24, 33)
4. Made a thorough and fearless moral examination of ourselves on paper. (2 Corinthians 13:5)
5. Confessed to God in the name of Jesus and admitted to ourselves and unashamedly admitted the exact nature of our wrongs to another human being. (Proverbs 28:13, James 5:16, 1 John 1:9)
6. Became entirely ready to have God take away all these blocks to our freedom in Christ. (Galatians 5:1, Hebrews 12: 1,2, Psalms 86:10-13, Psalms 119:57-59)
7. Humbly asked God in the name of Jesus and thanked Him for His mercy and for giving us the strength to overcome our faults. (John 16:24, 1 Peter 5: 6-10, James 4:10, Psalms 51::10, Psalms 19:12-14)
8. Wrote down all those persons we had harmed and became willing to make restitution to them all. (Matthews 5:23-24, Luke 19:8-10)
9. Made direct restitution to such persons whenever possible except when to do so would injure them or others. (James 5:16 Luke 6:31, 36-37)
10. Examined ourselves daily to see if we are being doers of the Word and not just hearers only. If wrong promptly confess it. ( James 1:22, James 5:16, 1John 1:8-10, Ephesians 4:26)
11. Continue to pray, study and meditate on the Word, and maintain consistent fellowship with believers, to improve our relationship with God. (Joshua 1:8, Psalms 1:1-3, 1 Thessalonians 5:17, 2 Timothy 2:15, Hebrews 10:25)
12. Having had a born again experience and having been freed from our addiction we shared our testimony with those who are still in bondage and continued to be doers of the Word in all our affairs. (Matthews 28:19-20, Romans 1:16, Galatians 5:1 and 13, 1 Timothy 6:18, John 3:3)